



PALA SENIORS PROGRAM
 PALA BAND OF MISSION INDIANS
 PMB 50, 35008 Pala Temecula Road
 Pala, CA 92059
 Phone 760-891-3505 | Fax 760-742-4520

Pala Seniors Lunch Menu July 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Chicken Strips French Fries Veggies Dessert	
	4 KITCHEN CLOSED	5 Chimichangas Spanish Rice Veggies Dessert	6 Sweet & Sour Chicken Rice & Egg Roll Veggies Cookie	7 Cheeseburgers French Fries Veggies Dessert	8 Roast Beef Sandwich Mac Salad Dessert	
	11 Salisbury Steak Mashed Potatoes Veggies Dessert	12 Taco Salad Pinto Beans Spanish Rice Dessert	13 Baked Chicken Rice Pilaf Veggies Dessert	14 Lasagna Cheese Bread Veggies Dessert	15 Pizza Chicken Wings Veggies Dessert	
	18 Mushroom Chicken Brown Rice Veggies Dessert	19 Taco Tuesday Spanish Rice Pinto Beans Dessert	20 Breaded Pork Chop Scalloped Potatoes Veggies Dessert	21 Chicken Pot Pie Broccoli Corn Dessert	22 Hot Dogs Chili Beans Cheese Dessert	
	25 Spaghetti Garlic Bread Veggies Dessert	26 Chicken Fajitas Flour Tortillas Black Beans Dessert	27 Baked Ham Roll Veggies Dessert	28 Fried Chicken Mashed Potatoes Veggies Dessert	29 Egg Salad Sandwich Lettuce & Tomatoes Dessert	

*Menu subject to change
<http://www.palatribe.com/residents/seniors-program/>