



PALA SENIORS PROGRAM
 PALA BAND OF MISSION INDIANS
 PMB 50, 35008 Pala Temecula Road
 Pala, CA 92059
 Phone 760-891-3505 | Fax 760-742-4520

Pala Seniors Lunch Menu September 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Kitchen closed for upgrades	2 Kitchen closed for upgrades	
	5 Kitchen Closed for Labor Day	6 Chile Rellenos Spanish Rice Veggies Dessert	7 Pork Chops & Gravy Salad Scalloped Potatoes Veggies Dessert	8 Fried Chicken Mashed Potatoes Veggies Salad Dessert	9 Philly Steak Sandwich Lettuce & Tomatoes Macaroni Salad Chips, Dessert	
	12 Chicken Alfredo Egg Noodles Garlic Bread Salad, Veggies Dessert	13 Taco Tuesday Spanish Rice Pinto Beans Dessert	14 Chicken Parmesan Veggies Hawaiian Roll Salad Dessert	15 Country Fried Steak Red Potatoes Veggies Dessert	16 Sloppy Joes Veggies Chips Dessert	
	19 Roasted Ham Veggies Dinner Roll Salad Dessert	20 Taquitos Pinto Beans Veggies Dessert	21 Killer Crack Chicken Rice Veggies Salad Dessert	22 Sliders French Fries Veggies Dessert	23 Kitchen Closed for Native American Day	
	26 Spaghetti Garlic Bread Veggies Salad Dessert	27 Carnitas Tacos Spanish Rice Pinto Beans Dessert	28 Sweet & Sour Chicken Rice, Egg Roll Veggies Dessert	29 Chimichanga Spanish Rice Veggies Dessert	30 BBQ Ribs Baked Beans Veggies Salad Dessert	

*Menu subject to change
<http://www.palatribe.com/residents/seniors-program/>