



PALA SENIORS PROGRAM
 PALA BAND OF MISSION INDIANS
 PMB 50, 35008 Pala Temecula Road
 Pala, CA 92059
 Phone 760-891-3505 | Fax 760-742-4520

Pala Seniors Lunch Menu July 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Fettucine with Alfredo Sauce Garlic Bread Vegetables	2 Chimichangas Spanish Rice Vegetables Dessert	3 Chicken Cordon Bleu Brown Rice Green Beans Dessert	4 KITCHEN CLOSED 4TH OF JULY	5 Tuna Sandwich Lettuce & Tomato Dessert	
	8 Pork Chops Mushroom Gravy Stuffing Vegetables	9 Taco Salad Pinto Beans Spanish Rice Dessert	10 Beef Stroganoff Egg Noodles Vegetables Roll Dessert	11 Rotini Primavera Vegetables Garlic Bread Dessert	12 Sloppy Joes Baked Beans Chips Dessert	
	15 Salisbury Steak Mashed Potatoes Vegetables Dessert	16 Taco Tuesday Spanish Rice Pinto Beans Dessert	17 Baked Chicken Rice Vegetables Dessert	18 Manicotti Vegetables Hawaiian Roll Dessert	19 Chicken Sandwich Macaroni Salad Lettuce & Tomato Dessert	
	22 Chicken Noodle Casserole Vegetables Roll Dessert	23 Tamales Spanish Rice Pinto Beans Dessert	24 Spaghetti Vegetables Garlic Bread Dessert	25 BBQ Hamburgers French Fries Lettuce & Tomato Dessert	26 Pizza Chicken Wings Salad Dessert	
	29 Chicken Parmesan Vegetables Cheese Bread Dessert	30 Chili Relleno Refried Beans Vegetables Dessert	31 Senior Luncheon 11:00 a.m. Admin Building			

*Menu subject to change. Soup is dine-in only.
<http://www.palatribe.com/residents/seniors-program/>